



Welcome!

2023 is well and truly in full swing and as we say goodbye to summer, the SASS Team thought that the introduction of a new season was the perfect time to provide some information on all things SASS to our supporters.

Last year was busier than ever and this year is already shaping up to be a big one. One of our largest projects includes the expansion of our existing quality NDIS support services currently offered in Melbourne, Bendigo and Shepparton within other areas of Victoria including Geelong, Ballarat, Echuca, Maryborough, Swan Hill and Mildura (and more!).

Our existing Murphy House respite facility located in Bendigo is alive with activity and we are excited to announce that in 2023, we are opening a sister facility called Chesterfield House located within the Geelong suburb of Newtown.

Our support staff at Ironstone Hill activity farm in Bendigo were busier than ever entertaining our kids during the school holiday program and we are already finalising our first semester school holiday program and taking lots of enquiries.

We believe that NDIS goals should be the driving force around our programs and we are thrilled to be offering a life skills program (SASS Academy) in Bendigo centred on assisting NDIS participants to master some basic life skills. The popularity of this program has been huge already in 2023.

As we continue to grow and expand into new areas, the SASS Team are always willing to discuss supports for new participants and are always on the look out for wonderful people to join our team.

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SASS

Quality Support Services

How to Contact Us

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(Head Office)

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(Murphy House)

Referral-

<https://www.sasscare.com.au/referrals>

A Bit About SASS

Established in 2017, SASS originally commenced the provision of NDIS support services in Barham and operating from our head office in Bendigo. Since then we have grown to providing support services to over 220 NDIS participants across Melbourne, Bendigo and Shepparton and District supported by over 140 wonderful staff.

In addition to providing quality NDIS support services in the home and community, SASS specialise in:

- Managing intensive supports for large support programs in the home.
- We are always happy to provide support for those individuals only seeking minimal support.
- We offer Short and medium-term accommodation across Victoria including within our 27-bed facility in Bendigo and 30-bed facility in Geelong.
- Our 20-acre activity farm in Bendigo (Ironstone Hill) has been set up to accommodate NDIS participants with a sense of adventure. Offering 1:1 support or group programs, Ironstone Hill has become very popular with NDIS participants looking for fun and engaging activities. Our school holiday programs always book out quickly with our kids eager to get dirty on the farm.
- SASS Academy was formed in 2022 and is our tailored program aimed at assisting participants in mastering basic life skills.
- Late in 2022 we commenced Support Coordination services for participants across Victoria.





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Quality Support Services



INTRODUCING KAYLA

Kayla Walden is our Connections Coordinator and is the first face you will see when joining the SASS family. Kayla is responsible for working with all new participants to find out what it is they need and connecting them into our services across Victoria.

When Kayla isn't busy helping our participants achieve their goals, she is a busy mum and breeder of beautiful Pomeranian pups.

Our Approach to Linking Participants with Support Workers

In addition to our Disability Support Workers providing amazing support to our Participants on a daily basis, we also spend a fair bit of time with all new staff finding out what other skills they may possess that could assist our Participants in achieving their goals.

For example, this may include new staff who have a passion for art, music, woodworking, yoga, coding, cooking or yodelling (we're yet to find someone with this skill set). Our staff are amazing at providing support to our Participants but by finding some of these other skills, it allows us to better match staff with participants based on specific interests.

We also get that interests change and what excites Participants now may not be a passion in the future. We have a dedicated team of Care Coordinators responsible for working with Participants and their regular staff to touch base every couple of months with Participants and their families, Support Coordinator or nominee to determine if there are other things Participants want to try.



MurphyHouse

Supported Residential Living

In April 2022 SASS opened a 27-bed accommodation facility in Bendigo.

Murphy House located at 5-7 Murphy Street, Kennington provides short and medium term respite for NDIS participants requiring 24/7 care utilising funding from their NDIS plans. We are also hoping to provide longer-term Supported Residential Service options in the future for participants who need a safe and secure place without intensive supports.

All rooms at the Murphy House have a private bathroom and are tastefully furnished with quality furniture.

Secure and lockable, all rooms are self contained located in a secure access building.

Our beautiful building includes:

- 27 private rooms with en suites.
- Free WI-FI.
- Fully equipped commercial kitchen with trained chefs preparing quality and nutritious meals.
- Public transport pick up and drop off point out the front of the building.
- Onsite laundry facilities and clothes line.
- Beautiful outdoor courtyards.
- Generous activity rooms with daily group activities.
- Access to our disability activity farm Ironstone Hill.

Murphy House

5-7 Murphy Street, Kennington



Ironstone Hill Activity Farm

Watson Street, Jackass Flat



Located only 15 minutes from the centre of Bendigo, Ironstone Hill is set amongst 20 acres of beautiful ironbark forest.

We offer a range of programs 7 days a week including group day activities and 1:1 support for funded NDIS participants.

Participating in Ironstone Hill's programs will result in a wide range of outcomes for individuals including supporting participants to work toward achieving their NDIS goals. Better yet - our participants have heaps of fun!

Our activities include:

- Animal therapy
- Bushwalking
- Camp Oven Cooking
- Vegetable Gardening
- Mountain Bike and Pedal Carts
- Arts and Craft
- Mindfulness programs (yoga and meditation)
- Woodworking
- Nerf Gun Arena.
- Football, soccer, basketball and cricket on our arena
- Movie nights
- BBQs
- And so much more!



Our regular school holiday program runs every school break and Ironstone Hill becomes a hive of activity with Participants making new friends, learning life skills and having a tonne of fun!





SASS Academy

Specifically designed to tick off NDIS independent living goals.



Operating weekdays from our Murphy House and Ironstone Hill facilities in Bendigo. We have a number of sessions to suit individuals who want a mix of full day activities or only a couple of hours in the morning or afternoon.

The program aims to work with participants on the following life skills:

- Cooking and nutrition
- Domestic tasks such as laundry and gardening
- Managing finances
- Catching public transport
- Mindfulness including meditation, yoga and journalling
- General life skills such as sewing and basic first aid

The program includes Mindful Mondays, Treat Day Tuesdays, Wicked Wednesdays, Travel and Tech Thursdays and Farm Day Fridays.

Our March calendar of events is currently out and available at: www.sasscare.com.au/sassacademy

New Regions

Since launching SASS Academy in Bendigo, we have received heaps of interest from Participants wanting the program available in other regions of Victoria. We are currently finalising plans to expand the program. If you are interested in finding out when the program might be offered in your area, please contact our Connections Coordinator for more information.



Now Offering Support Coordination



Introducing Sarah Ward – Support Coordinator

"I have worked within the disability sector for over 15 years with extensive experience in review submission and planning preparation and meetings, complex home modification management, experience in sourcing therapists and staff, managing complex behaviours and navigating housing needs".

The SASS family pride ourselves on the quality of our services and the extensive networks we have developed since commencing over 5 years ago. We have had the opportunity to work alongside some amazing professionals within the NDIS industry including Support Coordination extraordinaire Sarah!

In 2022, Sarah was looking for opportunities to partner with other like-minded professionals and we agreed that commencing Support Coordination services under Sarah's leadership provided a wonderful opportunity for Participants to be supported by the best (our opinion is biased).

Sarah is currently providing Support Coordination across Victoria and has immediate availability.

If you are looking for some advice on navigating the complexities of the NDIS or in need of a Support Coordinator who is passionate, responsive and has extensive experience, please contact Sarah at info@sasscare.com.au.



Chesterfield House

345 Shannon Avenue, Newtown

Built in 1904, Chesterfield House is a stunning Edwardian era building with beautiful private rooms, modern private ensuites, generous communal living spaces and all within 3km's of the Geelong CBD! With 30 rooms on offer, Chesterfield House is suitable for participants seeking short, medium or long-term housing.

In addition to providing accommodation for our Participants, Chesterfield House will also be the home of our new Geelong Care Team.

At Chesterfield House, residents have the choice of a private room and ensuite or a private room with shared bathroom. All rooms are tastefully furnished with quality fittings and furniture.

Secure and lockable, all rooms are self contained located in a secure accessible building.

Our self-contained rooms are well-equipped for people with disabilities. Our wonderful disability support staff are always on hand to ensure all your support needs are achieved.

Our services include:

- Personal care such as showering and dressing
- Nutrition
- Meal planning and cooking
- Taking medication.
- Community access.

Whilst we are busy behind the scenes getting the beautiful old building polished, we are taking expressions of interest from individuals seeking flexible accommodation and support options.



Regional Roadshow

The SASS Team have some amazing plans to expand our quality services into new regional areas across Victoria in 2023.



Our quality NDIS support services are well regarded within our existing areas of Bendigo, Melbourne and Shepparton and District. In 2023, we plan to expand these services into new regions of Victoria.

This includes areas such as Geelong and the Barwon region, Echuca, Ballarat, Maryborough, Swan Hill, Mildura, Gippsland, Albury and Wodonga and increasing our presence within Greater Melbourne.

During 2023, the SASS Team will be conducting regional roadshows in all of these areas to meet with potential Participants and to increase our professional networks. Our Recruitment Team will also be in overdrive meeting with potential staff who want to become part of the SASS family.

If you are currently located within these regions and would like to meet with the SASS Team, we would love to hear from you at info@sasscare.com.au.

Now Hiring

Our Recruitment Team are arguably one of the busiest teams at SASS. We are constantly on the lookout for awesome staff who are eager to embrace our values with the aim of supporting our Participants to smash their goals.



Vacancies are updated daily on our website and we are currently seeking Disability Support Workers in Bendigo, Shepparton, Greater Melbourne, Echuca and District and Geelong.

We offer extensive orientation and induction programs for all new staff including our 'Buddying' program whereby all new support staff are rostered for the first few weeks with existing experienced staff at either our Bendigo or Geelong accommodation facilities or our Bendigo activity farm.



DataNova FlowPoint

For the past 6 months, SASS has been implementing a new Customer Management System in partnership with DataNova. FlowLogic is now fully operational and is our internal system that allows SASS staff to manage rostering, Participant files, shift notes, incident reports, Participant funding, Participant Documentation and so much more!

Later in 2023, SASS is excited to announce the introduction of FlowPoint for all SASS Participants free of charge. FlowPoint is a cloud based portal preloaded with functions to engage and self-service our Participants and their nominees. Flowpoint will support us in improving goal outcomes, operating more efficiently, and in meeting the expectations of our Participants.

FlowPoint will give each Participant a unique, personal and preferred perspective of their services all within a secure portal on their PC, tablet or phone.

- Real-time tracking of goals and funding
- Access to real-time information
- Customisable look and feel
- Activities and events
- Appointments and Roster
- Sign-off Service Agreements
- Accurate, real-time view of funding



The SASS Team is busy behind the scenes getting ready for the launch of FlowPoint with DataNova providing support. Once implemented later in 2023, we are excited about the difference the system will make in communicating more easily with our Participants.